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Title of the Paper with the First Letter Capitalized (Font size 14. No capital letter for prepositions, conjunctions and articles. Latin and taxonomic names are in italics)

Author's name (Font size 11, bold. Include all the authors with first name, second name or initial and surname. Using of only initials with surname is not preferred; however, your preference will be welcomed.),^{1*} Author's name²

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Abstract

Font size 11. An abstract must be included which should be less than 200 words in a single paragraph reporting concisely on the purpose, results, discussion, conclusion and recommendation. Do not provide too much general background.

Introduction

Font size 11. A brief, precise literature review and essential background must be given. Appropriate references should be cited in a superscript format.^[1] Notes can be included in References and Notes at the end.

Total length of the extended abstract should be at least 2 or even number of pages. Do not make additional space between two paragraphs. One line should be additionally entered only to separate paragraphs with headings, sub-headings, tables, figures and schemes.

Heading 1 (Headings may be different than general components of a research article)

Font size 11. Heading 1 may be accompanied by sub-headings and sub-sub headings.

Include necessary data or tables and graphics (e.g. figures and schemes) with proper explanation in the text. Same data should not be presented in two different ways (e.g. in both bar diagram and chart). Equations and graphics must be inserted as objects in the required place. There is no limitation for the number of tables and graphics; however, the length of your extended abstract should be in an even number of pages.

Sub-headings (flush left, bold, normal and first letter capital)

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Sub-sub-headings (flush left, bold, italics and first letter capital): Continue the text after a punctuation mark.

To prepare tables: Use Insert Table tool from word processing package typing one entry per cell. Use tables when data cannot be presented as narrative, or when data need to be presented in a simpler way, or when meaningful relationship has to be compared. Tables should be simple and concise. Keep Top Border and Bottom Border for header and Bottom Border for the last row of the table. Header should be in bold face. Put footnote details in last row of the table if required, but don't put in title. Do not modify the amount of space before and after the table, it will be done during the editorial process.

Table 1. Font size 10. Table must have a brief title and include the table number

Header	Header	Header	Header
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Footnote if required (Font size 10)

To prepare figures: Caption of a figure is placed just beneath the graphic in center. Graphics should be formatted to fit in the available space. Graphics will be printed as presented; therefore they should clear and readable. The quality of the picture should be of 300 dpi. Do not modify the amount of space before and after the caption, it will be done during the editorial process.



Figure 1. Font size 10. Each figure must have a caption or a brief description with one or two sentences and that includes the figure number.

Conclusions and Recommendations

Font size 11. Formulate conclusions, possible developments and recommendations.

References and Notes (Font size 10)

- [1] Reference is generally cited as: Author name(s). Article/chapter title. Journal/book title, Year of publication, volume number, Pagination. For citation of a book, name of editor(s) for an edited book and publisher should be provided. When the cited reference is web-only journals/reports, citation by giving URL address in full or DOI in parenthesis is highly encouraged. Unless available on web, Dissertation, Thesis, Reports, etc. should not be cited as a reference. Unpublished works and personal communications can be mentioned. Use following styles for citations with font size 10.
- [2] Bajracharya G.B., Thapa D.B. Quercetin as a protease (α -chymotrypsin) inhibitor. *Nepal J. Sci. Technol.*, **2013**, 14(2), 91-96.
- [3] Jha P.K., Lacoul P. Wetlands in Nepal: status, significance and management. In: *Ecology of Wetlands and Associated Systems* (Eds. Majumdar S.K., Miller E.W., Brenner F.J.). The Pennsylvania Academy of Science, USA. **1998**, 648-669.
- [4] Smith M.B., March J. *March's Advanced Organic Chemistry: Reactions, Mechanisms and Structure*. 5th edn. John Wiley & Sons, Inc., New York. **2001**.

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- [5] Mujeeb F., Bajpai P., Pathak, N. Phytochemical evaluation, antimicrobial activity, and determination of bioactive components from leaves of *Aegle marmelos*. *BioMed Research International*, **2014**. <http://dx.doi.org/10.1155/2014/497606>.

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